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NONFICTION: "Dying to Be Strong" • SKILL: Test Prep

# "Dying to Be Strong" Quiz

**Directions:** Read "Dying to Be Strong" in the October 2013 issue or [click here](#) to view a PDF of the article. Then click the bubble next to the BEST answer for each question below.

- 1. Which of the following BEST expresses a central idea of "Dying to Be Strong"?**

  - (A) Athletes who use performance-enhancing drugs should be banned from sports.
  - (B) Celebrities are the only reason kids use steroids.
  - (C) There is nothing new under the sun.
  - (D) Steroid use has devastating consequences.
- 2. In the sentence "Baseball stars like Alex Rodriguez and Ryan Braun have also been implicated in doping scandals," context clues reveal that *implicated* means**

  - (A) found guilty.
  - (B) proven innocent.
  - (C) linked by evidence.
  - (D) unjustly accused.
- 3. What can you infer from the University of Minnesota study mentioned on page 7?**

  - (A) Teen boys spend too much time lifting weights.
  - (B) It is a priority for teen boys to be big and strong.
  - (C) Teenagers with small muscles get no respect.
  - (D) Young teens shouldn't exercise too much.
- 4. What is the main purpose of the section "A Dangerous Quest"?**

  - (A) to describe how athletes in ancient Greece were publicly humiliated for cheating
  - (B) to compare cyclists and baseball players
  - (C) to explain why performance-enhancing drugs were banned from the Olympics
  - (D) to show how athletes throughout history have sought ways to be the best
- 5. The structure of the section "Fits of Rage" could best be described as**

  - (A) cause/effect.
  - (B) compare/contrast.
  - (C) problem/solution.
  - (D) chronological.
- 6. Which of the following quotes contains a metaphor?**

  - (A) "He was the kind of guy who had a friendly word for everyone." (p. 6)
  - (B) "No matter how much they work out, some teens never feel like they're 'big enough.'" (p. 8)
  - (C) "Doctors dismiss the idea that supplements can build muscle at a miraculous rate." (p. 8)
  - (D) "For kids like Taylor Hooton, supplements can be a bridge to anabolic steroids." (p. 8)
- 7. What is revealed about Taylor Hooton's father in the section "Permanent Decisions"?**

  - (A) He is still upset with Taylor's coach.
  - (B) He wants to prevent deaths like Taylor's.
  - (C) He volunteers as a baseball coach.
  - (D) He became a doctor.
- 8. The author most likely wrote this article to**

  - (A) convince you that big muscles are unhealthy.
  - (B) inform you that protein powders don't work.
  - (C) educate you about the problem of steroid use among kids.
  - (D) persuade you to stop taking steroids.

**Directions:** Type your answers into the text box below each question. Use complete sentences.

9. Do you think "Dying to Be Strong" is an appropriate title for this article? Use at least two details from the article to support your answer.

10. Alex Rodriguez has been suspended from Major League Baseball until 2015 for using performance-enhancing drugs. Do you agree with this punishment? Support your answer with details from "Dying to Be Strong."