

# Rittman School District Middle/Leap/High School Menu March 2019

**Breakfast Prices**  
Paid: \$1.25  
Reduced: \$.30  
Adult:

**Lunch Prices**  
Paid: \$2.65  
Reduced: \$.40  
Adult: \$3.75

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We have changed our menus!</p> <p>Please let us know what you think of our new items</p>	<p>Available Daily for Breakfast: Assorted Cold Cereal, Whole Grain Bagels, Muffins, Donuts; PBJ Graham, Whole Grain Pop Tarts, Smuckers Uncrustable, Cheese Sticks, Yogurt, Cream Cheese, Margarine &amp; Jelly</p>			<p style="text-align: right;">1</p> <p><b>Breakfast:</b> Apple or Cherry Frudel Fresh Fruit or Juice Milk Choice <b>Lunch:</b> Indian Burger w Cheese, Bacon, Pretzel Tray or Salad Tray or PBJ Tray <b>Vegetable Pick Two:</b> Waffle Fries &amp; Burger Bar w Lettuce Tomatoes, Pickles, Onion Veggie Bar <b>Fruit:</b> Applesauce &amp; Fresh Fruit Milk Choice</p>
<p style="text-align: right;">4</p> <p><b>Breakfast:</b> Mini Pancakes w Syrup Fresh Fruit or Assorted Juice Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Assorted Pizza or Pretzel Tray or Salad Tray or PBJ Tray <b>Vegetable Pick Two:</b> Au- Gratin Potatoes, Cucumbers &amp; Tomatoes in Italian Dressing <b>Fruit:</b> Orange Slices &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">5</p> <p><b>Breakfast:</b> French Toast Sticks w/Syrup Sausage Links Fresh Fruit or Applesauce Cup Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Pow Wow Chicken Sandwich w Honey Mustard or BBQ Sauce or Pizza Tray or Salad Tray or PBJ Tray <b>Vegetable Pick Two:</b> Cal-Blend Veggies, Veggie Bar Lettuce, Tomato Slices <b>Fruit:</b> Mixed Fruit &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">6</p> <p><b>Breakfast:</b> Sausage Gravy w/Biscuit Fresh Fruit or Juice Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Doritos Extreme Walking Taco w Taco Meat, Cheese, Salsa, Jalapenos Sour Cream, or Pretzel Tray or Salad Tray or PBJ Tray <b>Vegetable Pick Two:</b> Fiesta Beans &amp; Veggie Bar <b>Fruit:</b> Pineapple &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">7</p> <p><b>Breakfast:</b> Sausage or Ham, Egg, Cheese Bagel Assorted Fruit or Juices <b>Lunch:</b> <b>Entrée Pick One:</b> Top Dawg Hot Dog or Salad Tray or Pizza Tray or PBJ Tray Baked Beans, Potato Salad, Hot Dog Bar To Include: Coney Sauce, Onions, Jalapenos, Relish <b>Vegetable Pick Two:</b> Baked Beans &amp; Veggies w Dip <b>Fruit:</b> Assorted Juices &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">8</p> <p><b>Breakfast:</b> Cinnamon Pull A Part Pastry Fresh Fruit or Strawberry Cup Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Chicken Strip Basket w Country Gravy &amp; Whole Grain Biscuit, Salad Tray Or Pizza Tray or PBJ Tray <b>Vegetable Pick Two:</b> Oven Baked Fries &amp; Veggie Bar <b>Fruit:</b> Strawberry Cup &amp; Fresh Fruit Milk Choice</p>

This facility is an equal opportunity provider. Menu subject to change due to product availability and inclement weather.

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">11</p> <p><b>Breakfast:</b> Cold Cereal Fresh Fruit &amp; Assorted Juice Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Teriyaki Chicken Stir Fry w Vegetables, Rice &amp; Fortune Cookie or Salad Tray, Pretzel Tray or PBJ Tray <b>Vegetable Pick Two</b> Steamed Broccoli &amp; Veggie Bar <b>Fruit:</b> Blushing Pears &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">12</p> <p><b>Breakfast:</b> French Toast Sticks w/Syrup &amp; Sausage Link Fresh Fruit &amp; Diced Pears Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Chicken &amp; Waffles w Maple Chipotle Slaw, Salad Tray or Pizza Tray or PBJ Tray <b>Vegetable Pick Two</b> Baked Beans &amp; Veggie Bar Lettuce/Tomato <b>Fruit:</b> Side Kicks &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">13</p> <p><b>Breakfast:</b> Sausage Gravy w/Biscuit Fresh Fruit &amp; Assorted Juice Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> BBQ Pork, Mashed Potato Stacker BBQ Pork &amp; Mashed Potatoes on Whole Grain Texas Toast Topped with Cheddar Cheese Or Salad Tray or Pretzel Tray or PBJ Tray <b>Vegetable Pick Two</b> Mashed Potatoes &amp; Veggie Bar <b>Fruit</b> Mixed Fruit Cup &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">14</p> <p><b>Breakfast:</b> Mini Cinnamon Waffles Fresh Fruit or Orange Slices Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Spicy or Regular Popcorn Chicken w BBQ Whole Grain Roll w Promise Salad Tray or Pizza Tray or PBJ Tray <b>Vegetable Pick Two</b> Emotion Fries &amp; Veggie Bar <b>Fruit:</b> Assorted Juices &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">15</p> <p style="text-align: center;"><b>No School Today</b></p> <div style="text-align: center; border: 1px solid black; padding: 10px; background-color: #e0e0e0;"> <p style="color: red; font-weight: bold; font-size: 1.2em;">REMINDER!</p> <p style="font-size: 1.5em; color: white; background-color: #4a7c9c; padding: 5px; display: inline-block;">Teacher Training In-Service Day</p> </div>
<p style="text-align: right;">18</p> <p><b>Breakfast:</b> Mini Waffles w Syrup Fresh Fruit Or Juice Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Creamed Chicken over Whole Grain Biscuit, Salad Tray or Pretzel Tray or PBJ Tray <b>Vegetable Pick Two</b> Mashed Potatoes, Sliced Cucumbers &amp; Tomatoes in Italian Dressing <b>Fruit:</b> Orange Slices &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">19</p> <p><b>Breakfast:</b> French Toast Sticks w/Syrup Sausage Links Fresh Fruit or Applesauce Cup Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Build Your Own Breakfast Bowl w Hash Browns, Scrambled Eggs, Diced Ham, Sausage Crumbles, Country Gravy &amp; Cheddar Cheese Or Salad Tray, Pizza Tray or PBJ Tray <b>Vegetable Pick Two:</b> Hash Browns or Veggie Bar <b>Fruit:</b> Orange Juice &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">20</p> <p><b>Breakfast:</b> Sausage Gravy w/Biscuit Fresh Fruit or Juice Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Soft Shell Taco w Meat or Salad Tray or Pretzel Tray or PBJ Tray <b>Vegetable Pick Two:</b> Corn, Refried Beans or Wango Juice Taco Bar To Include: Lettuce, Cheese, Jalapenos, Sour Cream, Taco Sauce <b>Fruit:</b> Diced Peaches &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">21</p> <p><b>Breakfast:</b> Pillsbury Berry Mini Pancakes Fresh Fruit &amp; Strawberry Cup Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Meatball Italiano Bread Bowl- Whole Grain Bread Bowl Stuffed with Meatballs Sauce &amp; Topped with Mozzarella Cheese Or Salad Tray or Pizza Tray or PBJ Tray <b>Vegetable Pick Two:</b> Peas &amp; Carrots, Veggie Bar with Celery, Broccoli &amp; Dip <b>Fruit:</b> Mixed Fruit Cup &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">22</p> <p><b>Breakfast:</b> Breakfast Slyders Cinnamon Sliced Apples Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Stuffed Crust Pizza or Salad Tray or Pretzel Tray or PBJ Tray <b>Vegetable Pick Two:</b> Steamed Broccoli, Veggie Bar w Dip <b>Fruit:</b> Assorted Juices &amp; Fresh Fruit Elf Grahams Milk Choice</p>
<p style="text-align: right;">25</p> <p><b>Breakfast:</b> Cold Cereal Fresh Fruit &amp; Assorted Juice Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Lasagna Roll-up w Marinara, or Salad Tray or Pretzel Tray or PBJ Tray <b>Vegetables Pick Two:</b> California Veggies &amp; Side Salad w Lettuce, Tomatoes, Cucumbers <b>Fruit:</b> Diced Pears &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">26</p> <p><b>Breakfast:</b> French Toast Sticks w/Syrup &amp; Sausage Link Fresh Fruit &amp; Diced Pears Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> Fry-Day with Chicken Fries &amp; Funnel Fries, Salad Tray or Pizza or PBJ Tray <b>Vegetable Pick Two:</b> Oven Baked Fries, Veggie Bar <b>Fruit:</b> Side Kicks Slushy &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">27</p> <p><b>Breakfast:</b> Sausage Gravy w/Biscuit Fresh Fruit &amp; Assorted Juice Milk Choice <b>Lunch:</b> <b>Entrée Pick One:</b> East of Chicago Pizza, Salad Tray or Pretzel Tray or PBJ <b>Vegetable Pick Two:</b> Steamed Green Beans &amp; Veggie Bar <b>Fruit:</b> Orange Slices &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">28</p> <p><b>Breakfast:</b> Sausage, Egg &amp; Cheese Bagel Fresh Fruit &amp; Strawberry Cup Milk Choice <b>Lunch:</b> <b>Entrée Pick One</b> Burrito Bowl w Taco or Fajita Chicken over Rice, Or Salad Tray or Pizza Tray or PBJ Tray <b>Vegetable Pick Two:</b> Fiesta Beans, Jalapenos, Lettuce/Cheese Sour Cream, Carrot/Celery Sticks <b>Fruit:</b> Blushing Pears &amp; Fresh Fruit Milk Choice</p>	<p style="text-align: right;">29</p> <p><b>Breakfast:</b> Apple or Cherry Frudel Fresh Fruit or Juice Milk Choices <b>Lunch:</b> Sloppy Tots w/ Whole Grain Roll Oven Baked Tater Tots Topped with Sloppy Joe and Shredded Cheese Salad Tray or Pretzel Tray or PBJ Tray <b>Vegetables Pick One:</b> Tater Tots &amp; Veggie Bar <b>Fruit:</b> Juice &amp; Fresh Fruit</p>

