

OCTOBER | 2020

Rittman High School / Middle School / Leap



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	1 Chicken or Cheese Quesadilla w Lettuce, Salsa, Sour Cream Corn & Fresh Veggies Apple Slices & Fresh Fruit Milk Choice	2 Warm or Cold Ham & Cheese Sandwich Potato Smiles & Fresh Veggies Juice & Fresh Fruit Cookie Milk Choice
5 Sampler Platter w Dips Mixed Veggies & Fresh Veggies Pineapple & Fresh Fruit Roll w Promise Milk Choice	6 Pasta Rotini w Cheese Side Salad & Fresh Veggies Garlic Twist Bread Applesauce & Fresh Fruit Milk Choice	7 Chicken & Waffle Sandwich, Syrup Emoji Fries & Fresh Veggies Strawberries & Fresh Fruit Rice Crispy Treat Milk Choice	8 Hot Dog w Coney Sauce Baked Beans & Pasta Salad Mandarin Oranges & Fresh Fruit Milk Choice	9 Stuffed Crust Pizza Cal-Blend & Fresh Veggies Juice & Fresh Fruit Milk Choice
12 Calzone w Marinara Sauce Broccoli & Fresh Veggies Peaches & Fresh Fruit Fruit Roll-Up Milk Choice	13 Chicken Strips w BBQ Sauce Mashed Potatoes w Gravy Peas n Carrots Pears & Fresh Fruit Warm Biscuit w Promise Milk Choice	14 East of Chicago Pizza Green Beans & Fresh Veggies Orange Slices & Fresh Fruit Milk Choice	15 Chicken Teriyaki w Rice Stir-Fry Veggies & Fresh Veggies Super Bread Stick Mixed Fruit & Fresh Fruit Fortune Cookie Milk Choice	16 NO SCHOOL
19 Chicken Pot Pie over Biscuit Mashed Potatoes & Fresh Veggies Slushy Cup & Fresh Fruit Milk Choice	20 Corn Dog on Stick French Fries & Fresh Veggies Applesauce & Fresh Fruit Ice Cream Cup Milk Choice	21 Soft Shell Taco w Taco Sauce Lettuce & Cheese Cup Sour Cream Black Beans & Corn Juice & Fresh Veggies Milk Choice	22 Baked Potato w Chili, Cheese Sour Cream, Butter Veggies & Wango Juice Super Bread Stick Pineapple & Fresh Fruit Milk Choice	23 Pepperoni, Bacon or Cheese Pizza Mixed Veggies & Fresh Veggies Apple Slices & Fresh Fruit Milk Choice
26 BBQ Rib Sandwich French Fries & Fresh Veggies Mandarin Oranges & Fresh Fruit Graham Milk Choice	27 Build Your Own Breakfast Bowl Scrambled Egg Bowl w Sausage or Ham, Cheese Hash Browns & Fresh Veggies Orange Juice & Fresh Fruit Cinnamon Muffin Milk Choice	28 Pretzels w Cheese Cal-Blend & Carrots w Hummus Strawberries & Fresh Fruit Yogurt Milk Choice	29 Hamburger or Cheese Burger Pickles Potato Wedges & Fresh Veggies Assorted Fruit & Fresh Fruit Milk Choice	30 School Pizza Cheese or Pepperoni Broccoli & Fresh Veggies Juice & Fresh Fruit Milk Choice

Optional Lunches

Salad Tray Order
By 8:30

PBJ Tray Order
By 8:30

Pretzel Tray
Order By 9:30
Mon-Wed-Fri

Pizza Tray Order
By 8:30
Tue-Thurs

Menu Subject To
Changes Due To
Product
Availability