
WE'RE HERE TO LISTEN AND HELP!

DURING THIS TIME OF COVID-19, IF ANYONE IN YOUR HOUSEHOLD

- feels angry, irritable, or grumpy;
- cries or feels like crying more than usual;
- has trouble with falling asleep or sleeping too much;
- has a hard time concentrating or completing work/schoolwork;
- is eating too much or doesn't feel like eating enough;
- is drinking too much or showing other risky behaviors;
- feels hopeless or worthless;
- or has been feeling or acting in a way that worries you,

HELP IS AVAILABLE!

Please call any of the agencies below to talk
about your concerns.

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| Anazao Community Partners* | 330-264-9597 |
| Catholic Charities | 330-262-7836 |
| OneEighty* | 330-264-8498 |
| The Counseling Center of Wayne and Holmes Counties* | 330-264-9029 |

HERE TO HELP THROUGH:

- Telephone conversations
- Video appointments on your phone, computer, or tablet
- In-person appointments

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| 24-Hour Crisis Line: | 330-264-9029 |
| Wayne County 24-Hour Treatment Navigator (substance use): | 330-466-0678 |
| Holmes County 24-Hour Treatment Navigator (substance use): | 330-439-9567 |

*Two initial 30-minute consultation sessions available at no cost.



Treatment Works • People Recover

