

## **IMPORTANT INFORMATION**

### TO ALL MEMBERS OF THE STARK COUNTY SCHOOLS COUNCIL OF GOVERNMENTS HEALTH INSURANCE PROGRAM

Flu vaccinations can help reduce the risk of contracting the flu by 70% to 90%. Flu shots are available at many places and are covered at 100% by your insurance through Stark County Schools COG.

The Centers for Disease Control recommends that people 50 years old and older get the Shingles vaccine. The Shingrix vaccine (non-live) is the preferred vaccine over Zostavax which came out in 2006 (live virus). Shingrix provides greater protection than Zostavax. It is given in two doses, 2 to 6 months apart. Both of these Shingles vaccines are also covered at 100% by your insurance through Stark County Schools COG.

In conjunction with Stark County Schools, CVS Caremark is offering convenient flu and shingles vaccines at your nearby CVS retail pharmacy. No prescription is needed for these vaccines.

If a flu or shingles vaccination is received at a CVS pharmacy or your physician's office, there will be no upfront charge. If a flu or shingles vaccination is received at a pharmacy other than CVS, the participant will be charged up front and must file a claim for reimbursement from the insurance company.